

Group Counseling Activity that goes with How the Grinch Stole Christmas

Directions: Choose either red or b&W heart. Make copies for your group. Cut out hearts and have students write down ways that they can be kind to others and possibly make the Grinch grin.

Go to www.schoolcounselingconfessions.com to see the full lesson and video. Remember to follow me on Instagram –

[@SchoolCounselingConfessions](https://www.instagram.com/SchoolCounselingConfessions) and click the follow button on my Teachers Pay Teachers Store– [School Counseling Confessions](https://www.teacherspayteachers.com/School-Counseling-Confessions)





